NHS Circular: MSAN (2019) 22

Chief Medical Officer Directorate Pharmacy and Medicines Division



28 November 2019

# **Medicine Supply Alert Notice**

# RANITIDINE ALL FORMULATIONS

- Ranitidine 75mg, 150mg and 300mg tablets
- Ranitidine 150mg and 300mg effervescent tablets
- Ranitidine 150mg/5ml oral solution
- Ranitidine 75mg/5ml oral solution
- Ranitidine 50mg/2ml injection

Priority: update to MSAN (2019)6, issued on 16 October 2019

Valid until: 28 February 2020

#### Issue

- 1. This MSAN provides an update on the supply status of both ranitidine oral and injectable products.
- 2. As investigations into ranitidine have progressed, the Medicines and Healthcare products Regulatory Agency (MHRA) have instructed suppliers of both oral and injectable Ranitidine in the <a href="UK">UK</a> to quarantine all affected, unreleased stock at <a href="maintidine">manufacturer level</a> whilst their investigations are ongoing.
- 3. Ranitidine tablets, effervescent tablets and oral solution are expected to be out of stock with no date for resupply until further notice.
- 4. Ranitidine injection is now also expected to be out of stock imminently with no date for resupply until further notice.
- 5. Extremely limited supplies remaining in wholesalers and pharmacies, which have not been recalled by the MHRA, are available and can be supplied.
- 6. No new patients should be initiated on treatment with ranitidine oral or injectable products.
- 7. All patients should be reviewed as repeat prescriptions are requested and if ongoing treatment is required, be switched to clinical alternatives.

#### **Advice and Actions**

8. All healthcare professionals in primary, secondary or specialist healthcare services who prescribe or supply ranitidine should consider the following advice to manage affected patients.

#### Oral ranitidine

#### Licensed use for gastrointestinal conditions

- 8.1 Do not initiate treatment with oral ranitidine in new patients.
- 8.2 Identify current patients prescribed ranitidine tablets, effervescent tablets and oral solution, and review to establish if ongoing treatment is still required.

<sup>\*</sup>https://nhsnss.org/media/3874/medicine-supply-alert-notices-definitions-of-classifications-21-october-2019.docx

8.3 If ongoing treatment is still required, then consider switching to an alternative oral treatment (see table 1). It is recommended that, where possible, patients are not switched to an alternative H2-receptor antagonist in the first instance as this may exacerbate a shortage of these products. There are currently sufficient supplies of oral omeprazole to manage an increase in demand.

# Specialist / unlicensed indications

- 8.4 Do not initiate treatment with oral ranitidine in new patients.
- 8.5 Local specialists should be consulted for advice on alternatives for specialist / unlicensed indications and high-risk cohorts of patients, including paediatrics.

# Ranitidine injection

- 8.6 Do not initiate treatment with ranitidine injection in new patients.
- 8.7 Identify current patients prescribed ranitidine injection and review to establish if ongoing treatment is still required.
- 8.8 If ongoing treatment is still required, then review to see if switching to an alternative oral treatment is appropriate (see table 1 and additional recommendations under the Oral Ranitidine section above for advice on oral alternatives).
- 8.9 If ongoing IV treatment is still required, then consider switching to an alternative IV treatment (see table 2 for advice on IV alternatives). There are currently sufficient supplies of IV omeprazole to manage an increase in demand. There are currently no licensed alternative IV H2-receptor antagonists available in the UK.
- 9. Prescribers should work in close collaboration with their pharmacists to understand which clinical alternatives are available.

### **Enquiries**

10. Any enquiries should be directed to PharmacyTeam@gov.scot.

# **Alternative formulations**

### Table 1: Alternative oral products for the main indications of ranitidine in adults:

Before switching to another agent, review if patients still require treatment or could be stepped down to an antacid or alginate.

Acid suppressant	Formulation	GU/DU treatment	GU/DU prophylaxis	GORD	NSAID associated GU/DU treatment/ prophylaxis	Comments			
Proton pump inhibitors									
Omeprazole*	Capsules, tablets and dispersible tablets: 10,20,40mg Injection 40mg	20-40mg OD	10-40mg OD (DU) 20-40mg OD (GU)	20-40mg OD (treatment) 10-40mg OD (long term management after healed reflux oesophagitis) 10-20mg OD symptomatic GORD	20mg OD (prevention and treatment)	*not to be prescribed with clopidogrel due to risk of reducing its antiplatelet efficacy  Losec MUPS® not licensed for use via enteral feeding tubes, but extensive experience of using them in this way  Paediatric licence: Reflux oesophagitis treatment, symptomatic treatment of heartburn and acid regurgitation in GORD (>1yr); DU due to H Pylori (>4yrs)			
Lansoprazole	Capsules and dispersible tablets: 15 and 30mg	30mg OD	UL (15-30mg OD) ¥	30mg OD (treatment) 15-30mg (prevention) 15-30mg OD (symptomatic GORD)	30mg OD (treatment) 15-30mg (prevention)	No paediatric licence but used off label in this population Orodispersible tablets licensed for administration down NG tube			
Pantoprazole	Tablets 20 and 40mg Injection 40mg	40-80mg OD	UL (20-40mg OD) ¥	20mg OD symptomatic GORD 20-40mg OD long term management and prevention of relapse	20mg OD (prevention)	Paediatric licence above 12 years			

<sup>\*</sup>https://nhsnss.org/media/3874/medicine-supply-alert-notices-definitions-of-classifications-21-october-2019.docx

Acid suppressant	Formulation	GU/DU treatment	GU/DU prophylaxis	GORD	NSAID associated GU/DU treatment/ prophylaxis	Comments
Proton pump inh	ibitors (continued					
Esomeprazole*	Tablets, capsules 20 and 40 Granules 10mg Injection 40mg	UL (20-40mg OD) ¥	UL (20-40mg OD) ¥	40mg OD (treatment) 20mg OD (prevention and symptomatic treatment)	20mg OD (prevention and treatment)	*not to be prescribed with clopidogrel due to risk of reducing its antiplatelet efficacy  Paediatric licence: above 12 years for tablets, capsules (treatment of GORD)  Granules: 1-11 years (GORD) >4 years (H Pylori)  Granules licensed for administration down NG or gastric tube
Rabeprazole	Tablets 10 and 20mg	20mg OD	UL (10-20mg OD) ¥	20mg OD (treatment) 10-20mg long term maintenance 10mg OD symptomatic GORD	UL	No paediatric licence
<b>H2-receptor anta</b>	gonists					
Nizatidine	Capsules 150mg	150mg BD or 300mg OD	150mg OD	150-300mg bd	150 BD or 300mg OD (treatment)	No paediatric licence
Famotidine	Tablets 20 and 40mg	40mg OD	DU 20mg OD	UL	UL	No paediatric licence
Cimetidine*	Tablets 200, 400 and 800mg Liquid 200mg/5mL	400mg BD OR 800mg ON (up to 400mg QDS)	400mg ON up to BD	400mg QDS	UL	*caution as CYP P450 inhibitor; care with drug interactions- consult SPC

Key:, GU: gastric ulcer, DU: duodenal ulcer; PU: peptic ulcer; GORD: gastroesophageal reflux disease, UL: unlicensed ¥ Based on PPI dose equivalence table for severe oesophagitis in NICE guideline (CG184) update (2014): https://www.nice.org.uk/guidance/cg184/chapter/Appendix-A-Dosage-information-on-proton-pump-inhibitors

Table 2: Alternative injectable products for the main indications of ranitidine in adults:

Before switching to another IV agent, review if switching to an alternative oral treatment is appropriate (see table 1 below for advice on oral alternatives for licensed indications)

Acid suppressant	Gastric acid suppression in surgical	Prophylaxis of stress ulceration	Conditions where acid suppression needed but oral	Comments
	procedures	arcer acron	route not available	
Omeprazole Injection 40mg	Not licensed  Suggest stat dose of 40mg given over 5 minutes as an IV bolus or infused over 20-30 minutes.	Not licensed  Suggest 40mg once daily given over 5 minutes as an IV bolus or infused over 20-30 minutes	Suggest 20-40mg once daily is adequate for most conditions however for conditions such as Zollinger Ellison syndrome a higher dose of 60mg daily may be needed.	<ul> <li>Contra-indicated in patients with previous hypersensitivity reaction to omeprazole or the excipients contained in the injection and in patients taking nelfinavir.</li> <li>For stat dose - potential for drug interactions not likely to be clinically significant.</li> <li>For repeat doses - potential for adverse drug interactions should be assessed. This is especially important for patients taking concomitant clopidogrel or the antiretroviral medicines atazanavir or nelfinavir. In patients taking clopidogrel, pantoprazole may be a better choice of PPI.</li> <li>Patients treated with a PPI rather than ranitidine may be more likely to develop electrolyte abnormalities such as hyponatraemia or hypomagnesaemia.</li> </ul>
Pantoprazole Injection 40mg	Not licensed Suggest stat dose of 40mg given as an IV bolus over at least 2 minutes or infused over at least 15 minutes	Not licensed Suggest stat dose of 40mg given as an IV bolus over at least 2 minutes or infused over at least 15 minutes	Suggest 40mg once daily is adequate for most conditions however for conditions such as Zollinger Ellison syndrome a higher dose of 60mg daily may be needed.	<ul> <li>Contra-indicated in patients with previous hypersensitivity reaction to pantoprazole or the excipients contained in the injection.</li> <li>For stat dose – potential for drug interactions not likely to be clinically significant.</li> <li>For repeat doses – potential for adverse drug interactions should be assessed. This is especially important for patients taking the antiretroviral medicines atazanavir or rilpivirine. In patients taking clopidogrel, pantoprazole is probably the most appropriate choice of PPI</li> <li>Patients treated with a PPI rather than ranitidine may be more likely to develop electrolyte abnormalities such as hyponatraemia or hypomagnesaemia.</li> </ul>
Esomeprazole Injection 40mg	Not licensed Suggest stat dose of 40mg given as an IV bolus over at least 3 minutes or infused over 10-30 minutes	Not licensed Suggest stat dose of 40mg given as an IV bolus over at least 3 minutes or infused over 10-30 minutes	Suggest 40mg once daily is adequate for most conditions however for conditions such as Zollinger Ellison syndrome a higher dose of 80mg daily may be needed	<ul> <li>Contra-indicated in patients with previous hypersensitivity reaction to esomeprazole or the excipients contained in the injection and in patients taking nelfinavir.</li> <li>For stat dose – potential for drug interactions not likely to be clinically significant.</li> <li>For repeat doses – potential for adverse drug interactions should be assessed. This is especially important for patients taking concomitant clopidogrel or the antiretroviral medicines atazanavir or nelfinavir. In patients taking clopidogrel, pantoprazole may be a better choice of PPI.</li> <li>Patients treated with a PPI rather than ranitidine may be more likely to develop electrolyte abnormalities such as hyponatraemia or hypomagnesaemia.</li> </ul>

\*Based on PPI dose equivalence table for severe oesophagitis in NICE guideline (CG184) update (2014): <a href="https://www.nice.org.uk/guidance/cg184/chapter/Appendix-A-Dosage-information-on-proton-pump-inhibitors">https://www.nice.org.uk/guidance/cg184/chapter/Appendix-A-Dosage-information-on-proton-pump-inhibitors</a>, British National Formulary Issue no 78 (Sept 2019- Mar 2020) and the most recent versions of the Summary of Product Characteristics for ranitidine injection, omeprazole injection, pantoprazole injection and esomeprazole injection (all accessed via eMC website: <a href="https://www.medicines.org.uk/emc">https://www.medicines.org.uk/emc</a>)